
Help Your Child Communicate...

Through Play

Play is the most powerful tool for learning! In fact, most of the things a preschool child learns he/she learns through play. And the best part about it is your child does not even know he/she is learning!

Play is simply all the activities your child loves to do, like playing house with some old pots and pans, pretending a box is an airplane, or making a tent from a blanket.

During play, many communication skills are learned and practiced. It's a great opportunity to:

- take turns
- make eye contact
- use gestures and body language
- attach words to actions and objects
- hear the same words many times over

When you are playing, make sure you:

- play with things your child chooses
- follow your child's lead so that you play the way he/she wants
- talk about what is happening, even if your child doesn't
- try new ways of playing with the same toys
- HAVE FUN!

At first you will have to think about this strategy. After a while, though, it will become automatic. For the next two weeks, place this sheet on the fridge and keep track of how often you gave the strategy a try.

I gave this a try: M T W T F S S