



**Free  
Workshops**

Caledon Parent-Child Centre/  
Ontario Early Years Centre

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Bolton, ON L7E 1E3  
(located in the Albion/Bolton  
Community Centre)

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Ontario Early Years Centres



A Place For Parents And Their Children.

# Parent Education Workshops

## Winter 2010

### **Creating Together - Friday, January 8 (9:30-11 am)**

The family that plays together, stays together. Be prepared to get messy during this interactive creative play program for adults and children of all ages. There is a \$5.00 fee for craft supplies. Child care for infants is available for a small fee.

### **Shopping on a Budget - Friday, January 15 (9:30-11 am)**

Your piggy bank is sure to grow as you learn frugal tips that will help you have fun while shopping on a budget.

### **Chat and Scrap - Friday, January 22 (9:30-11 am)**

Chat about common parenting issues while learning how to scrapbook. Bring your trimmers and favourite holiday photos. There is a \$5.00 fee for scrap booking supplies.

### **Family Friendly Vacationing - Friday, January 29 (9:30-11 am)**

Discover the travel adventures that await your family as a local Travel Agent talks great destinations and travel tips for hassle-free, family friendly vacationing.

### **Creating Together - Friday, February 5 (9:30-11 am)**

Another session of fun and messy play with a special Valentine's theme. For adults and children of all ages. There is a \$5.00 fee for craft supplies. Child care for infants is available for a small fee.

### **Pregnancy and Pediatric Chiropractic Care - Friday, February 12 (9:30-11 am)**

A workshop presented by a certified Chiropractor. Chiropractic care during pregnancy can help your nervous system to function properly during this critical time of your life. Pediatric chiropractic care uses holistic approaches to common childhood ailments such as falls, fevers, ear infections and colic. Learn how to optimize the health of you and your growing family.

### **A "Grand" Morning - Friday, February 19 (9:30-11 am)**

A "Grand" morning of fun and play celebrating the special bond between grandparent and grandchild. Calling all Grandmas and Grandpas, Omas and Opas, Nonnas and Nonnos, Babcias and Dziadiks ~ Come enjoy a special craft, snack and story time together.

### **Terrific Toddlers - Friday, February 26 (9:30-11 am)**

This workshop will take a brief look at developmental milestones for children in the toddler years and talk about strategies to promote skill development. We will discuss some of the typical toddler "issues" such as temper tantrums, dealing with "NO" and biting and look at how to encourage positive behaviour.

For registration information, call 905-857-0090 or visit our website at [www.cp-cc.org](http://www.cp-cc.org). Child care is available at a fee of \$5.00 per child for daytime workshops only. Child care must be paid for at time of registration. Schedule is subject to change.